



# LUSSIER COMMUNITY EDUCATION CENTER

building community. creating opportunities. enriching education.

## Organizing and Power

ORGANIZING = putting people into relationship so they can do more together than they can by themselves. POWER is the ability to act.

**If people learn how to build and use their power together, they will solve problems and make the community a better place to live.**

## Positive Youth Development

**positive experiences**  
**+ positive relationships**  
**+ positive environments**  
**= positive outcomes**

Extends beyond youth to include **asset-based** views of community engagement and leadership at any age.

## Trauma Informed Mindset/Culture

TRAUMA is extreme stress that overwhelms a person's ability to cope. Roughly two in three children are exposed to traumatic experiences with the potential to impact brain development, social functioning, and their ability to learn and engage in school. TRAUMA-INFORMED means **using what we know about the effects of trauma on an individual and the vulnerabilities or triggers of trauma survivors in general to guide practices and interactions.**

# LUSSIER FRAMEWORK

five bodies of research and practice guiding and animating our work

## Racial and Social Justice

Real, pervasive, significant, and systematic injustice persists in our community and society. **Either we actively support justice, or we passively perpetuate injustice.**

## Intrinsic Motivation

Decades of research says that people of all ages are intrinsically motivated to learn. If provided with **situations where we feel welcomed, safe and included; have the choice to learn what is relevant to us; are engaged in learning that is significant and challenging to us; and can see ourselves progress**, our intrinsic motivation to learn will emerge.